



PSHE (Personal, Social, Health Education) Policy

2023 - 2024

It is the aim of the Governing Body of Lickey Hills Primary School and Nursery to support the implementation of policies and procedures which support the vision of: 'Dream together, Believe together, Achieve together'

Aims

At Lickey Hills Primary School and Nursery we aim to provide a curriculum that is broadly based, balanced and meets the needs of all pupils.

Our PSHE curriculum aims to

- Promote the spiritual, moral, cultural, mental and physical development of pupils at the school and of society
- Prepare our pupils for the opportunities, responsibilities and experiences of later life.

Teaching and Learning

At LHPSN , we teach Personal, Social, Health Education and Relationship and Sex Education as a whole-school approach to underpin children's development as people and because we believe that this also supports their learning capacity.

To ensure progression and a spiral curriculum, we use Jigsaw, the mindful approach to PSHE, as our chosen teaching and learning programme and tailor it to your children's needs. The mapping document: Jigsaw 3-11 and statutory Relationships and Sex Education, shows how Jigsaw and therefore our school, meets the statutory Relationships and Health Education requirements.

Jigsaw covers all areas of PSHE for the primary phase including statutory Relationships and Health Education. The table below gives the learning theme of each of the six Puzzles (units) and these are taught across the school; the learning deepens and broadens every year.

Term	Puzzle (Unit)	Content
Autumn 1:	Being Me in My World	Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established.
Autumn 2:	Celebrating Difference	Includes anti-bullying (cyber and homophobic bullying included) and understanding
Spring 1:	Dreams and Goals	Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society
Spring 2:	Healthy Me	Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise
Summer 1:	Relationships	Includes Understanding friendship, family and other relationships Conflict resolution and communication skills Bereavement and loss
Summer 2:	Changing Me	Includes Relationships and Sex Education in the context of coping positively with change

At LHPSN we allocate between 45 minutes - 1 hour to PSHE/RSE each week depending on the age and year group, in order to teach the PSHE knowledge and skills in a developmental and age-appropriate way. Class teachers deliver the weekly lessons to their own classes.

These explicit lessons are reinforced and enhanced in many ways and run throughout our school timetable for example:

- Whole school, year group and class assemblies
- Through our behaviour policy using the praise and reward system
- Through relationships across the school and cross curricular links, including our SMRC curriculum.

Monitoring and Review

The PSHE lead monitors the PSHE policy on an annual basis.

As Jigsaw materials are copyrighted the school is not permitted to put teaching materials on the public facing website, or provide electronic copies of materials to

parents and carers at home. Certain material can be shared through a password protected system such as ParentMail that we use at Lickey Hills Primary School and Nursery.

Equality

This policy will inform the school's Equalities Plan.

At LHPSN we promote respect for all and value every individual child. We also respect the rights of our children, their families and our staff, to hold beliefs, religious or otherwise, and understand that sometimes these may be in tension with our approach to some aspects of Relationships and Sex Education. Our PSHE policy has clear links with other school policies aimed at promoting pupils' spiritual, moral, social and cultural development, including the:

- Anti-Bullying Policy
- Behaviour Policy
- Confidentiality Policy
- Drug and Alcohol Education Policy
- Equal Opportunities Policy
- Health and Safety Policy
- ICT Policy and Safe Internet Use Policy
- Inclusion Policy
- RE Policy
- Safeguarding/Child Protection Policy
- SMSC Policy
- Special Educational Needs Policy

Policy Review

This policy is reviewed annually.

Name of school	Lickey Hills Primary and Nursery School
Date of policy	September 2023
Member of staff responsible	H Williams
Review date	September 2024