

MAKING FAMILIES MORE RESILIENT PARENTING PROGRAMME LEAFLET

Length: 7 weeks

Session duration: 9.30 – 12.00 via Zoom

Frequency: Once a week

Target Audience: Parents/carers of young people

Outcomes

1. Enhance benefits of positive parenting
2. Support parents to develop strategies for stressful situations/social isolation
3. Awareness of safeguarding children and processes
4. Parents are aware of the influences impacting on children that leads to radicalisation and gang affiliation, criminal exploitation, grooming, online/social media awareness, child sexual exploitation.

Outputs

1. Empowerment of parents
2. Builds positive connections and social capital between families and schools
3. Enhance a supportive and collaborative approach to children's well-being and educational achievement

Programme Overview

Improve the quality of children's lives

1. Better parent/child relationships
2. More positive relationships with peers
3. Emotional wellbeing aiding better conduct

Strengthen families and empower parents

1. Family conflict declines
2. Better equipped to address parenting challenges
3. Recognition of varying family dynamics
4. Support offered by Early Help intervention
5. Understanding of Adverse Childhood Experience (ACEs)

Succeed in Education

1. Better school attendance and fewer problematic behaviours
2. Positive interactions between parents and teachers
3. Increased parental school involvement

Build social capital

1. Awareness of the impact of how parent relationships impact on children
2. Knowledge of local community resources
3. Better knowledge of the impact and management of substance abuse and cessation i.e. drugs and alcohol