



# Friday 11<sup>th</sup> October 2019

## Lickey Hills Primary School and Nursery

Dear Parents/Carers,

Good mental health, just like physical health, is vital for everyone. The government's first "State of the Nation" report on children's wellbeing was published this week to coincide with World Mental Health Day on Thursday 10 October. 7,000 young people aged between 10 and 24 were questioned about their mental wellbeing. According to the findings of the report, 83% of those surveyed reported having high 'life satisfaction'. Meanwhile, 94% of children said they felt happy with their family, 92% said they felt happy with their friends and 96% per cent reported feeling in good or very good health. One of the key reasons for reported unhappiness or poor mental wellbeing was bullying, including cyberbullying. The study's findings are important because we should be pleased that so many young people are resilient to the pressures of 21st Century life however as a school we aim to support those who struggle too. The Mental Health Foundation website states that "Good mental health allows children and young people to develop the resilience to cope with whatever life throws at them and grow into well-rounded, healthy adults." They also add things that can help keep children and young people mentally well including: being in good physical health, eating a balanced diet and getting regular exercise

- having time and the freedom to play, indoors and outdoors
- being part of a family that gets along well most of the time
- going to a school that looks after the wellbeing of all its pupils
- taking part in local activities for young people.

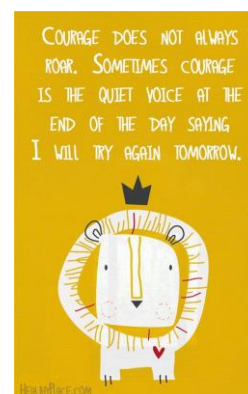
Other factors are also important, including:

- feeling loved, trusted, understood, valued and safe
- being interested in life and having opportunities to enjoy themselves
- being able to learn and having opportunities to succeed
- accepting who they are and recognising what they are good at
- having a sense of belonging in their family, school and community
- feeling they have some control over their own life
- having the strength to cope when something is wrong (resilience) and the ability to solve problems.

As educators, we welcome the report <https://www.gov.uk/government/news/first-state-of-the-nation-report-marks-world-mental-health-day>. It recognises some of the good practise we already have in place at LHPSN but will also help us better understand patterns and issues to make sure appropriate support is in place when and where needed.

Yours in Learning

Miss A Salisbury



### Attendance Award

KS1

1MK 98.15%

KS2

6CW 98.68%

### Thank you Year Six!

We had our EYFS open morning this week and 14 children from Yr6 were chosen to meet the new families, escort them around EYFS and answer their questions about LHPSN. On their way out every single visitor, without fail, commented on what lovely children they were, their wonderful manners, how knowledgeable and proud they were of their school and how welcoming they had been. Thank you Cordelia, Caitlin, Toby, Otis, Ewan, Arham, Carla, Olivia, Alex, Dylan, Lily, Sophie, Sam and James. Thank you for representing our school so well.

### WOW News!

Nursery you are amazing! You can get changed for PE in 14 minutes which is a Nursery PE record! Mrs. Williams, Mrs. Green, Mrs. Boot and Mrs. Morgan Lee were so proud of you all for having such a good go at getting dressed by yourselves. We even had a group who did it completely by themselves! Amazing!!

### Miss S's Golden Book Stars

Finlay M 1SH  
Brooke D 3AS  
Luca S 4CM  
Danny 1MK  
Izzy T 3HC  
Alicia G 3HC  
Hermione H 3HC  
Gabriella C 3HC  
Sophia C 4SR  
Ailbe L 5MS  
Henry W 5MS  
Ariella 1SH

### Dates for your Diary

18.10.19 - Harvest Festival Assembly  
24.10.19 - Halloween  
25.10.19 - TED Day  
w/c 28.10.19 - Half Term



# What have we been up to this fortnight?



## Nursery

This week, the nursery children have been sharing photos of their family with each other. We have talked about how all our families are different and have made our own stick houses to show who lives in our home! Please feel free to come and have a look! We have also been enjoying a bit of yoga this week and the children particularly liked the animal poses such as monkey, lion and elephant! Finally a big thank you to all who donated cakes for the cake sale on Friday! We look forward to tasting them! Yum!

## Reception

The children in reception have enjoyed creating actions to the story of the three little pigs, which we have used to help us write our own retelling together. We have been counting bricks on houses and finding the correct numerals as well as using the language of subtraction knocking down skittles and counting how many pigs are left when the big, bad wolf gobbles some up for his dinner!

## Year Two Trip to the Black Country Museum

Year 2 had a fantastic trip to The Black Country Living Museum as part of their learning on our 'Then and Now' topic. We took a fascinating journey back in time to visit the houses and lives of Black Country folk over 100 years ago. We tried out traditional street games, like skipping, hoop rolling and riding a hobby horse. We learnt all about the lives of children who had to work in the coal mines for 12 hours a day, 6 days a week. But perhaps most exciting (and scary) of all was our lesson in a Victorian classroom, where silence is golden and children should be seen and not heard! We practised our 3 Rs: Reading, wRiting and aRithmetic...but it was Mrs Bowen who let the school down and was told off for cheating in class! Shocking!! We were incredibly proud of all our Year 2s who were beautifully behaved and engaged all day - thank you children, for being you, and also to our grown-ups who helped us to enjoy our day.

## Year Three and Four Visit from the police

A police officer from West Mercia Police came to visit the children in year Three and Four on Thursday to talk about internet safety. He discussed the ways children can help to keep themselves safe when they are online and he asked the children what they already knew. We were very impressed with their answers and how well they behaved they were during the visit. There was a discussion around the age limits for social media use, which surprised some children as they thought they didn't need to be that old to use them. We have arranged for the police to come back later in the year to talk to more year groups about this important subject.

## Language Base News

With our brilliant police reports now on display, LB2 have begun a new book this week. We have been looking at language and how it paints a picture and have been listening carefully to sound patterns as we look at alliteration. We have also used inference to predict what the story might be about. The children have not been told the name of the book and have come up with some great ideas about the first few pages just from the little they have seen and read. LB2 continue to produce some amazing art work and have added to their hill fort and theme work. We are also moving on in maths and are ready to apply our number knowledge to solve problems. We have had a lovely, busy couple of weeks. Mrs Teasdale is beginning to work out how to use the blog so watch the website for some pictures of our excellent work and updates on curriculum and homework.

## Music News

We are really excited to announce that we have once again been nominated by Severn Arts to be a Music Mark School Member. This is in recognition of our dedication to offering and delivering a broad music curriculum and ensuring that pupils have access to a high-quality music education. We are looking forward to seeing how the pupils progress throughout the year and can't wait for them to share their talents with us

Miss C Williams  
Year 6 Teacher



## News from the Hive

Look out next week..... The Hive staff are excited to start on our "SPOOKTACULAR!!!" activities. There may even be some strange edible objects in the breakfast cereals for the children to enjoy. I am sure the children will be pleased to show you their creations over the next 2 weeks!

Finally just a polite reminder, from next week Hive staff will no longer be able to go in to classrooms or corridors after school to look for your children's belongings. Hive staff will remind your child/ren when collecting them at the end of the day.

Have a lovely weekend, Miss Lynch